

# 37th Annual Nursing Research Symposium Living Nursing Scholarship Research, Theory and Practice

04/09/2026 at 08:00 AM to 12:00 PM

Live Activity

## **Purpose:**

The Sigma, Zeta Zeta Chapter presents the 37th Annual Nursing Research Symposium which is designed to bring together nurses, scholars, educators, and healthcare professionals to explore how nursing research and evidence-based practice continue to shape the profession. This year's theme, Living Nursing Scholarship: Research, Theory, and Practice, highlights the dynamic intersection of innovation, clinical inquiry, and real-world application across diverse practice settings.

## **Objectives:**

- 1 Recognize the importance of a professional achievement and clinical excellence program on nurse retention.
- 2 Describe the lived experiences of the internationally educated nurses transitioning to practice in rural America.
- 3 Outline the key findings of the mMEDITATION randomized controlled trial.
- 4 Discuss the application of the State-Trait Hopelessness Scale to effectively evaluate hopelessness in the emotional recovery of stroke survivors.
- 5 Describe how a professional nursing governance framework can be used to operationalize evidence-based practice within a public health nursing workforce.
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- 7 Identify current and emerging uses of artificial intelligence in healthcare across clinical practice, nursing research, and health systems.

## **Target Audience:**

Nurse - RN, Student, Nurse -LPN/LVN

## **For successful completion:**

- Attend education
- Complete evaluation

## **Accreditation & Credit Designation:**

### **Accreditation**



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INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, this activity has been planned and implemented by Avera and Sigma, Zeta Zeta Chapter. Avera is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

### **Continuing Education Credit Designation(s)**

**Nurse CE:** Avera designates this activity for a maximum of 3.00 ANCC contact hour(s). Nurses should claim only the credit commensurate with the extent of their participation in the activity.

REMINDER

Attendance can be texted up to 24 hours after the activity

## **Disclosure Policy:**

Due to the regulations required for CE credits, all conflicts of interest that persons in a position to control or influence the education must be fully disclosed to participants. In observance of this requirement, we are providing the following disclosure information: all relevant financial relationships disclosed below have been mitigated.

<b>Name of individual</b>	<b>Individual's role in activity</b>	<b>Nature of Relationship(s) / Name of Ineligible Company(s)</b>
Joel Arriolacolmenares , MSN, PHN, RN	Faculty	Nothing to disclose
Ranae Aukerman, DNP, Researcher	Committee Planning Member	Nothing to disclose
Pamela Barthle, Ph D, APRN-CNP	Faculty	Nothing to disclose
Michelle Gierach, EdD, RN, CNE	Committee Planning Member	Nothing to disclose
Brianne Holbeck, RN	Faculty	Nothing to disclose
ASHLEY MCMAHON, RN, Nurse	Faculty	Nothing to disclose
Shannon Muchow, BSN, Nurse	Faculty	Nothing to disclose
Katherine Orton, BSN, CEN, CPEN	Faculty	Nothing to disclose
Jill Rye, RN, Nurse	Faculty, Lead Planner	Nothing to disclose
Jody Serfling, MSN, Nurse	Content Expert - Committee Member	Nothing to disclose
Abby Seydel, Ph D	Faculty	Nothing to disclose
Emily Smith, DNP	Faculty	Nothing to disclose
Gretchen Spars-McKee, MA, HEC-C	Faculty	Nothing to disclose
Lynn White, APRN, Researcher	Faculty	Nothing to disclose

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